Safety Tip of the week
12/03/2021
Child Online Safety Checklist

Child

When online:
☐ Think before you post
☐ Always use proper netiquette and be a good online citizen
☐ Create a unique password and keep it private, sharing it only with my parents
• I won't use my pet's name, birthday, nickname, etc.
• I will vary my password from site to site
• Change my password from time to time
☐ Never give out personal details such as:
• Name
• Address or even what part of the country I live in
• Home number
• Age or birthday
• School
• Membership/Club names
☐ Communicate respectfully with others
☐ Never upload your picture without checking with my parents
☐ Seek permission before sharing pictures or information about other people online
☐ Never fill out online forms or questionnaires
☐ Never arrange a face-to-face meeting with a stranger
☐ Only download from known or trusted websites
☐ Tell a trusted adult if I see something that makes me feel uncomfortable
☐ Never open emails from people I don't know

Parent

To ensure Children are safe online:
☐ Educate myself about dangers my children may encounter, including online predators and cyberbullying
☐ Discuss with your child about things on the web that make them feel uncomfortable
☐ Monitor their internet use by sharing an email account, checking browser history, keeping the computer in a shared situation and maintaining access to your child's account.
☐ Research and recommend appropriate child-safe sites
☐ Maintain an appropriate amount of parental control of software through user time limits and access to sites, games, chat and file sharing
☐ Select child-safe mobile devices, included those which do not include a camera or web access and phones with a limit on the number of calls that can be made